Dear Parents/Carers,   Thursday 1st February 2018

We held our internet safety day on Tuesday. Below are some of the children's comments about the day.

"We talked about which pictures are ok to post online and which ones were not" – Madena

"We learnt all about online bullying and how to prevent it" - Marisa

Further information about keeping children safe online can be found on our website under the parents section and then safety. We have also attached a letter regarding internet safety to this newsletter with some useful links.

Parents Open Morning
Next Tuesday we will hold our parents open morning where teachers will focus on the teaching of maths. We hope that you will come along to the morning. You will be able to see, first hand, how maths is taught in school and in turn this will help you to help your child. Parents are welcome from 9am to 10am.

School Dinners
Please find attached special menus for Friendship Day on Tuesday 13th February and World Book Day on Thursday 1st March.
We would like to remind parents that dinner money should be paid in advance or on the day at the very latest. If you would like to pay next half terms dinner money in full then it will be a total of £47.15. This does not include any existing credit or debit balances you may have. If you would like us to work out your balance individually then please contact the office. If your child does not have a lunch for any reason then the balance would carry forward.

Lunchtime Supervisor Vacancy
We are currently advertising for a Lunchtime Supervisor in school. Application forms are available from the Academy Office. If you would like more information then please see our website http://gawthorpeacademy.co.uk/job-vacancies. The closing date is 16.02.18.

Headlice
Headlice cases in school are on the increase and we need to try and break the cycle. Prevention is better than the cure! Just doing a weekly check of your child's hair can be helpful in preventing cases of headlice. Please see the attached leaflet from the NHS with some other helpful information.

Newspapers
We are in need of newspaper for our Sculpture Week in March. If you have any spare newspapers then please bring them in for us. We really appreciate any help you can give.

Regards,

The Leadership Team

Mrs S J Vickerman   Mrs A M Mitchell   Mrs P Clark
Executive Principal   Head of School   Deputy Head of School

Dear Parent/Carer

Online safety is an important part of keeping children safe at Gawthorpe Community Academy. Online Safety is taught to all pupils and our curriculum empowers children to understand and be aware how they can to stay safe and behave appropriately online but we can only be successful in keeping children safe online if we work with you.

Your help is needed to talk to your children about how they can keep themselves safe and behave appropriately online. It's important that we are all vigilant when children are using the internet and act to ensure they are protected from people who may pose a risk to them. Children can accidently or deliberately be exposed to illegal, unwanted or unpleasant content, comments or activity online and there are steps you can take at home to minimise this risk.

We know that new apps and sites appear daily online and it would be unrealistic to ask parents and carers to understand all of them. The sites and services that your child likes to use may change regularly, but the messages they need to keep themselves safe will remain the same – think before you post, be kind online and ask for help if something makes you feel worried, upset or uncomfortable.

If your child wishes to download a new app then we'd recommend considering some of the following points:

Listen

- Take an active interest in your child's online life and talk with them about how they use technology.
    - Ask your child why they want to use the app? How did they hear about it?
- Discuss with them how they will keep themselves safe and make sure they know:
    - How to block and report other users and content
    - To speak to a trusted adult if they see anything or something happens online that makes them feel worried, upset or uncomfortable.
   - About websites such as ChildLine and CEOP? www.childline.org.uk and www.thinkuknow.co.uk

Functionality

- Make sure that you understand how the app works so you can decide if you are happy for your child to use it. You may even wish to set up an account yourself first.
- Consider:
    - Does it allow video chat or the sharing of images?
    - Does it allow user to communicate with 'random' strangers?
    - Does it allow anonymous chat?
    - Does it allow in-app purchases?
    - Can you restrict access to the content that your child shares?
    - How will your child's personal data be used by the app?

Reviews

- What do other people (i.e. other parents and carers) have to say about the app?
    - Ask your friends and family members or take a look online. You may be able to find reviews via search engines or using tools such as:

      www.net-aware.org.uk and www.commonsensemedia.org
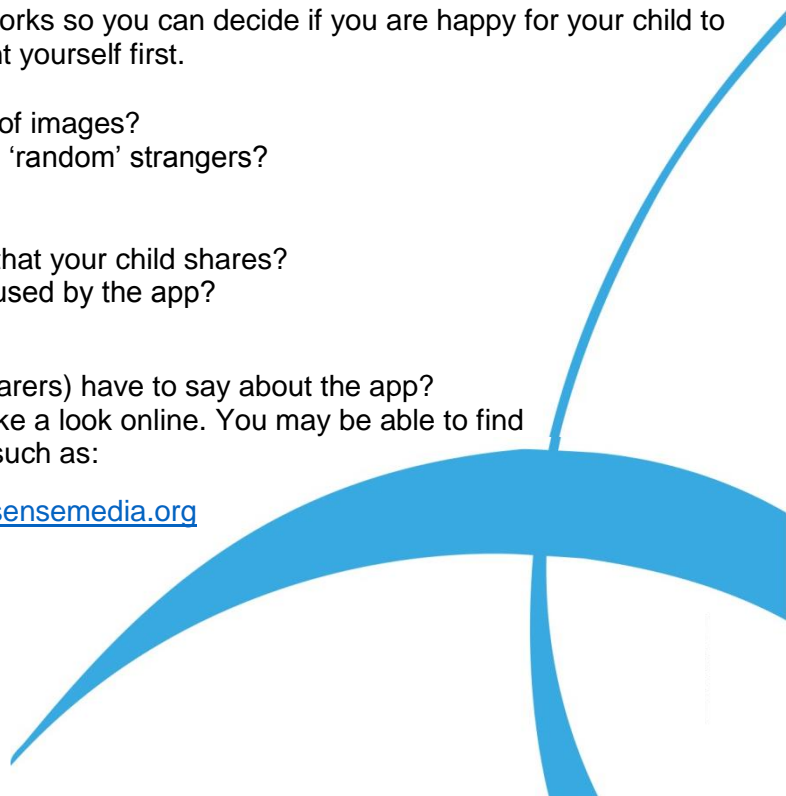
Age Restrictions

- You can usually find age restrictions within the apps terms and conditions. This is not the same as the app/google store rating.
- The age limit for many popular social networking sites is thirteen. This is due to the Children's Online Privacy Protection Act of 1998 (COPPA). The age limit is not based on suitability of content and instead applies to any website, app or online service which collects, stores or uses children's personal information. Some apps will have age limits of 18+ as they are exclusively designed for use by adults.
- If children use apps that are aimed at an older age group then this may leave them vulnerable to being exposed to unsuitable content (including advertising), as well as being contacted by strangers.

Safety

- Many popular apps will have 'help' and 'safety' sections, either within the app itself or via its website. Some apps will even have content specifically designed for parents and carers.
  - www.saferinternet.org.uk has some useful parent guides which highlight safety tools on popular devices, and signpost to report mechanisms.
- Does the app have any privacy settings? If so then help your child to apply them appropriately – for example is it possible to set the app so that only trusted friends can see information they post?
- Explore the block and report features. Can your child block or report concerning users or inappropriate behaviour?
- If the app doesn't have safety or help sections or doesn't provide the ability to report and block then you may wish to consider if it is safe for your child to use.

Boundaries

- Talk to your child about safe and appropriate online behaviour.
- Consider setting up a family agreement regarding how their internet use will be supervised and how long they can spend online. Resources to help can be found at www.childnet.com and https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/
- Apply appropriate parental controls to all devices: www.saferinternet.org.uk and www.internetmatters.org
- Discuss your expectations about the types of content and information they should share online, rules relating to adding friends and meeting people in real life.
- Do they understand:
  - That content posted online should never be considered to be private and may be copied and shared?
  - That they should behave online the same as they would in "the real world" and be kind?
  - How to be secure online such as by using safe and strong passwords. You can visit www.getsafeonline.org.uk for more advice

If you are worried that your child is at risk of harm or criminal offence has been committed then you can report your concerns to the Police or Children's Social Care. Please do not notify suspicious profiles of your actions, as this could enable them to delete material which might be required for any Police investigations. You can contact the Police via 101 or via 999 if there is an immediate risk to a child's safety (additional advice can be found at https://www.westyorkshire.police.uk/advice/online-crime-safety/online-safety/cyber-crime/advice-parents. You can also contact Wakefield Social Care Direct on 0345 850 3503. You can also report online sexual abuse to CEOP by visiting www.ceop.police.uk and using the "Click CEOP" reporting button.

As the School Designated Safeguarding Lead, I am available to discuss any help you may need or concerns regarding online safety that you may have.

Yours sincerely,

A. M. Mitchell

Head of School

Friendship Day Menu

Tuesday 13th February

Red = Chicken and Tomato Pasta Bake
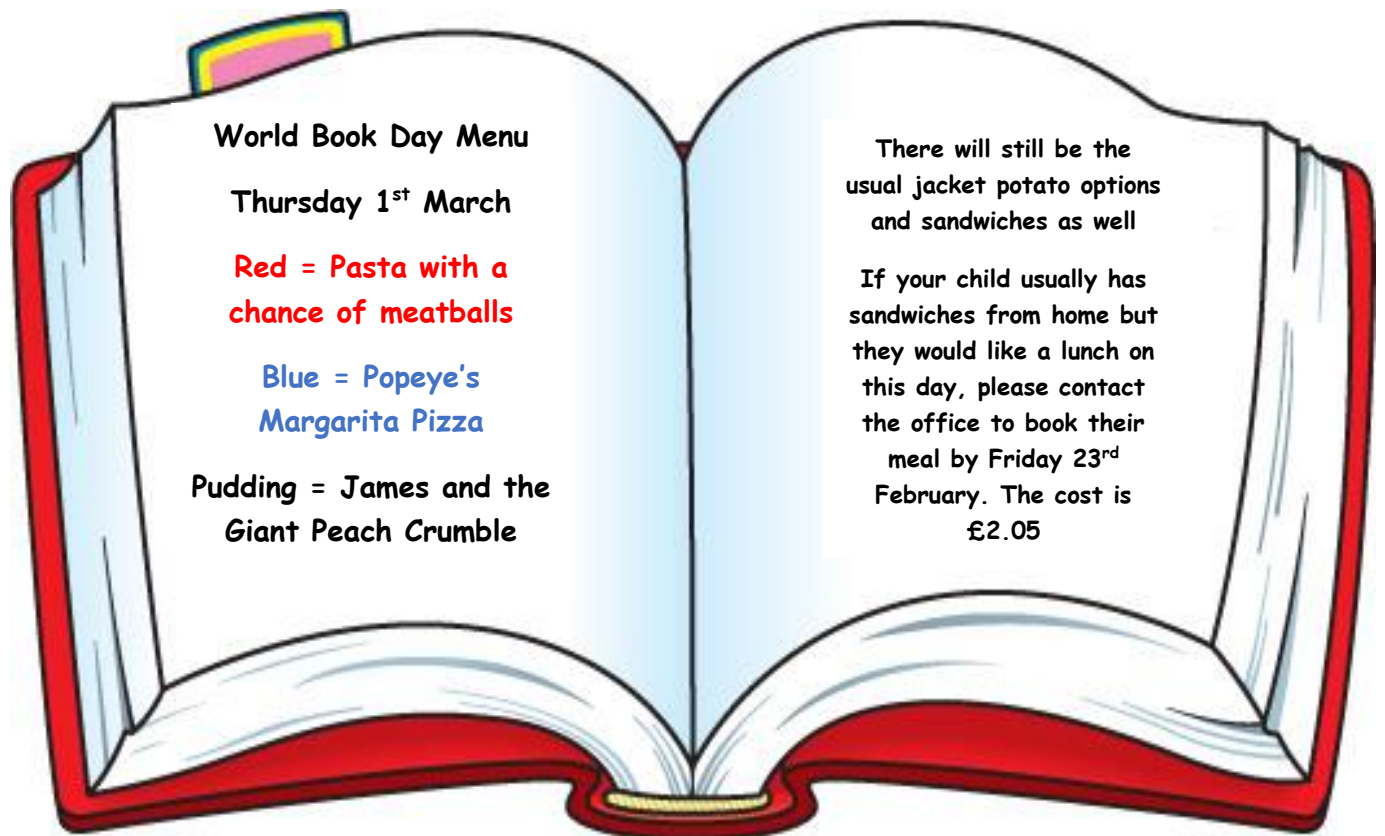
Blue = Margarita Pizza

Pudding = American Pancakes

There will still be the usual jacket potato options and sandwiches as well

If your child usually has sandwiches from home but they would like a lunch on this day, please contact the office to book their meal by Friday 9th February.

The cost is £2.05

World Book Day Menu

Thursday 1st March

Red = Pasta with a chance of meatballs

Blue = Popeye's Margarita Pizza

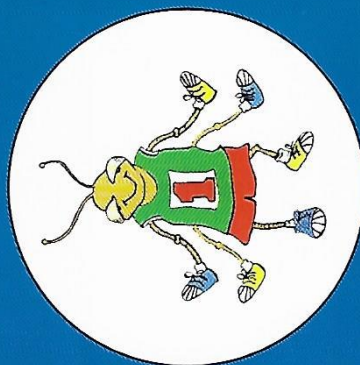Pudding = James and the Giant Peach Crumble

There will still be the usual jacket potato options and sandwiches as well

If your child usually has sandwiches from home but they would like a lunch on this day, please contact the office to book their meal by Friday 23rd February. The cost is £2.05

NHS

Looking for Larry

Headlice Information Leaflet

1. I move from head to head often, so it is important that you look for me all the time.

2. You may not realise that I am there because I like playing hide and seek and I don't always make your head itch.

3. I am not easy to find, so mums/dads, grandmas/grandads, brothers and sisters must look for me at least three times each week.

4. If I am on your head you will find me by following these easy steps.

- Wash your hair with your usual shampoo.

- Apply plenty of conditioner, this makes combing easier.

- Untangle your hair with your usual comb/brush.

- In daylight or a well lit room use a fine tooth comb to examine the hair bit by bit.

- For the best effect ensure that the teeth of the comb remain in contact with your scalp for as long as possible.

- After each stroke carefully check the comb to see if I am there.

- Regular combing is extremely important in detecting headlice and should be done 2-3 times a week

- Remember to get grown-ups to also check their hair in this way, as this problem can effect everyone!

If live lice are found seek advice from your pharmacist/GP for appropriate treatment

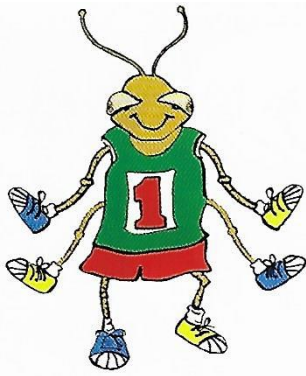A public health initiative on behalf of
Mid Yorkshire Hospitals - NHS Trust.

- Hello my name is Larry and I am a head louse.
- I am a very small insect with no wings.
- I cannot jump or fly.
- I can move very fast.
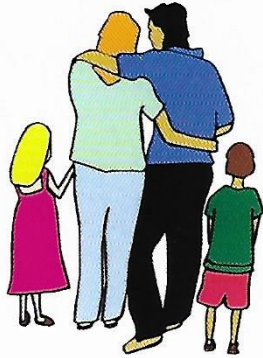
- I like any type and colour of hair.
- I like long, short, clean or dirty hair.
- The only heads that I don't live on are the ones without any hair at all!

- If I am not found, I will lay 7-8 eggs each night.
- My eggs will hatch 7-10 days later.
- My empty white egg shell will remain glued to your hair.
- These empty shells are called "nits".

- My family grows up very quickly.
- In 7-10 days they too can have babies of their own.

- I often move house.
- I do this when heads touch.
- I move from head to head very quickly.